

TOFU CHEESECAKE

INGREDIENTS

20 oz can crushed pineapple, in juice

3 ½ tbsp cornflour

½ cup rinsed, raw cashews

2 12.5 oz packages silken tofu, extra firm

½ cup pineapple juice

½-¾ cup honey (or) maple syrup

½ rind lemon (or) ½ tsp lemon extract

½ tsp salt

DIRECTIONS

1. Prepare a baked “Crumble Nut Crust” in a 10” springform pan
2. Combine crushed pineapple, cornflour and cashews in blender and blend until smooth
3. Add remaining ingredients and blend again.
4. Pour into springform pan with prepared crust.
5. Bake at 350°F (180°C, Gas Mark 4) for 45 mins
6. Cool and chill.

TIPS

Fresh fanned strawberries are a beautiful garnish for this dessert. Make 1/8 inch thick cuts toward the cap of the strawberry, then fan open.